



Sapulpa Parks

SIGN UP TODAY!



City of Sapulpa Aquatic Center

701 N. Brown, Sapulpa, OK 74066
(918) 224-6262

YOUTH TRIATHLON

Swim, Bike, Run

Saturday, July 6th, 2019

Sign up by visiting the Aquatic Center Office

Cost: \$5 per child

AGE GROUP

START TIME

DISTANCE

AGES 3 - 4

8:00 AM

SWIM (25m) / BIKE (.25mi) / RUN (0.1mi)

AGES 5 - 6

8:30 AM

SWIM (25m) / BIKE (.25mi) / RUN (0.1mi)

AGES 7 - 8

9:00 AM

SWIM (50m) / BIKE (1mi) / RUN (0.5mi)

AGES 9 - 10

9:30 AM

SWIM (100m) / BIKE (1mi) / RUN (0.5mi)

AGES 11 - 12

10:00 AM

SWIM (150m) / BIKE (2mi) / RUN (1mi)

AGES 13 - 15

10:30 AM

SWIM (200m) / BIKE (3mi) / RUN (1mi)

***ALL ATHLETES MUST ARRIVE AT LEAST 15 MINUTES PRIOR TO THEIR START TIME. YOU MUST BRING YOUR OWN BIKE AND HELMET. SHOES MUST BE WORN DURING THE BIKE AND RUN PORTION.**